

February 7, 2021 8 AM: The Holy Eucharist: Rite Two
The Fifth Sunday after the Epiphany

Prelude: Variation on *St. Matthew*

George Thalben-Ball

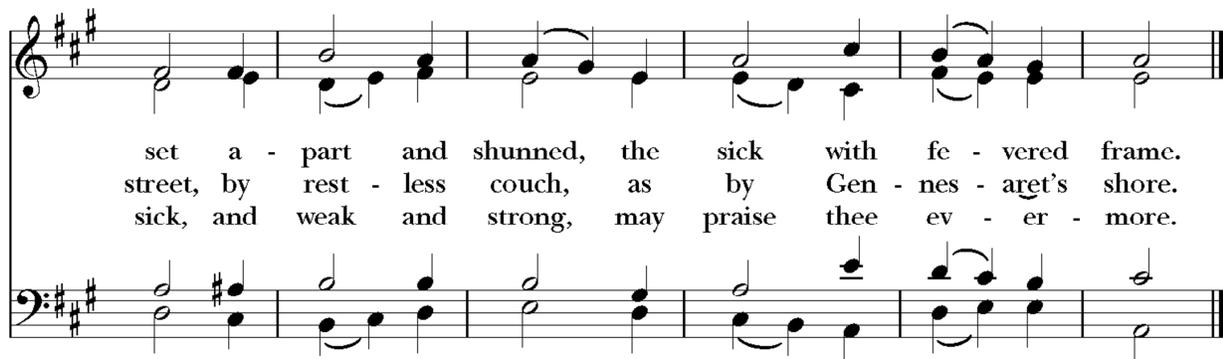
The Opening Hymn: 567 Thine arm, O Lord, in days of old

1 Thine arm, O Lord, in days of old was strong to
2 And lo! thy touch brought life and health, gave hear - ing,
3 Be thou our great de - liv - erer still, thou Lord of

heal and save; it tri - umphed o'er dis - ease and death,
strength, and sight; and youth re - newed and fren - zy calmed
life and death; re - store and quick - en, soothe and bless,

o'er dark - ness and the grave. To thee they went, the
owned thee, the Lord of light: and now, O Lord, be
with thine al - might - y breath: to hands that work and

blind, the deaf, the pal - sied, and the lame, the lep - er
near to bless, al - might - y as of yore, in crowd - ed
eyes that see, give wis - dom's heaven - ly lore, that whole and



set a - part and shunned, the sick with fe - vered frame.
street, by rest - less couch, as by Gen - nes - aret's shore.
sick, and weak and strong, may praise thee ev - er - more.

The Word of God (page 355 BCP)

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

All: **And blessed be his kingdom, now and for ever. Amen.**

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

All: **Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
have mercy on us;
you are seated at the right hand of the Father:
receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,**

**with the Holy Spirit,
in the glory of God the Father. Amen.**

The Collect of the Day

Celebrant: The Lord be with you

All: And also with you

Celebrant: Let us pray together.

All: Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

The Lessons

Please be seated

Isaiah 40:21-31

Reader: A Reading from Isaiah

Have you not known? Have you not heard?

Has it not been told you from the beginning?

Have you not understood from the foundations of the earth?

It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;

who stretches out the heavens like a curtain,
and spreads them like a tent to live in;

who brings princes to naught,
and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,

when he blows upon them, and they wither,
and the tempest carries them off like stubble.

To whom then will you compare me,
or who is my equal? says the Holy One.

Lift up your eyes on high and see:
Who created these?

He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.
Why do you say, O Jacob,
and speak, O Israel,
"My way is hidden from the LORD,
and my right is disregarded by my God"?
Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
He gives power to the faint,
and strengthens the powerless.
Even youths will faint and be weary,
and the young will fall exhausted;
but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,
they shall run and not be weary,
they shall walk and not faint.

Reader: Hear what the Spirit is saying to God's people.
All: **Thanks be to God.**

The Psalm

Psalm 147:1-13, 21c (*Said in unison*)

Laudate Dominum

1 Hallelujah!

**How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!**

**2 The LORD rebuilds Jerusalem; *
he gathers the exiles of Israel.**

**3 He heals the brokenhearted *
and binds up their wounds.**

- 4 He counts the number of the stars *
and calls them all by their names.**
- 5 Great is our LORD and mighty in power; *
there is no limit to his wisdom.**
- 6 The LORD lifts up the lowly, *
but casts the wicked to the ground.**
- 7 Sing to the LORD with thanksgiving; *
make music to our God upon the harp.**
- 8 He covers the heavens with clouds *
and prepares rain for the earth;**
- 9 He makes grass to grow upon the mountains *
and green plants to serve mankind.**
- 10 He provides food for flocks and herds *
and for the young ravens when they cry.**
- 11 He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;**
- 12 But the LORD has pleasure in those who fear him, *
in those who await his gracious favor.**
- 21 Hallelujah!**

The Second Reading: I Corinthians 9:16-23

The Reader: A reading from the First Letter to the Corinthians

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all

things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader: Hear what the Spirit is saying to God's people.

All: Thanks be to God.

The Gradual Hymn: Lord, speak to me that I may speak

1 Lord, speak to me that I may speak in liv - ing
2 O lead me, Lord, that I may lead the wan - dering
3 O teach me, Lord, that I may teach the pre - cious
4 O use me, Lord, use e - ven me, just as you

ech - oes of your tone. As you have sought, so
and the wa - vering feet. O feed me, Lord, that
truths which you im - part. And wing my words that
will, and when, and where un - til your bless - ed

let me seek your err - ing chil - dren lost and lone.
I may feed your hun - gry ones with man - na sweet.
they may reach the hid - den depths of ma - ny a heart.
face I see, your rest, your joy, your glo - ry share.

The Gospel: Mark 1:29-39

Please stand.

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark

All: Glory to you, Lord Christ.

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Celebrant: The Gospel of the Lord.

All: Praise to you, Lord Christ.

The Sermon

Please be seated.

The Rev. Dr. Suzannah Rohman

The Nicene Creed (BCP p. 358)

Please stand.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People: The Fifth Sunday after the Epiphany Year B
(from Intercessions for the Christian People)

Intercessor: Jesus went through Galilee preaching and healing and showing compassion to those in need. As God comes no less today to those for whom we pray, let us offer our prayers to God, saying: Lord, in your mercy, hear our prayer.

Intercessor: Creator of all, look with favor upon the peoples of the world. In your mercy, give to all people the necessities of a dignified life. Lord, in your mercy,

All: Hear our prayer.

Intercessor: Ruler of creation, instill wisdom and understanding among the leaders of nations. Guide them into ways of justice and peace. Lord, in your mercy,

All: Hear our prayer.

Intercessor: Lord of the church, gather us all into one holy communion. Give us the courage to look to you alone as the source of our unity. Lord, in your mercy,

All: Hear our prayer.

Intercessor: Great Physician, bring healing to all who suffer in body, mind, or spirit. We pray for those we know and love [especially for N.] and for those known only to you. Inspire us to care for your gifts of healthy bodies and minds. Lord, in your mercy,

All: Hear our prayer.

Intercessor: Spirit of the living Christ, fill us with expectation and eager longing for the coming of that day when no one will suffer, but when all will be gathered together in heavenly joy and eternal prosperity. Lord, in your mercy,

All: Hear our prayer.

Intercessor: All this we ask, O God, in the name of Christ, who died and rose for us, and whose coming in glory we await. Accept our prayers and praises, through Christ our Lord. **Amen.**

The Confession of Sin (BCP p. 359)

Celebrant: Let us confess our sins against God and our neighbor.

Silence may be kept.

All: **Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

Please pass the pass by nodding or bowing to those around you. Please do not leave your spot, shake hands or hug any other worshippers.

Celebrant: The peace of the Lord be always with you.

All: **And also with you.**

Offertory Voluntary: Prelude on *O Salutaris Hostia* Alexandre Guilmant

The Holy Communion

The Great Thanksgiving: Eucharistic Prayer C (BCP, p. 369)

Celebrant: The Lord be with you.

All: **And also with you.**

Celebrant: Lift up your hearts.

All: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

All: It is right to give him thanks and praise.

Celebrant: God of all power, Ruler of the Universe, you are worthy of glory and praise.

All: Glory to you for ever and ever.

Celebrant: At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

All: By your will they were created and have their being.

Celebrant: From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

All: Have mercy, Lord, for we are sinners in your sight.

Celebrant: Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**All: By his blood, he reconciled us.
By his wounds, we are healed.**

Celebrant: And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**All: Holy, Holy, Holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Celebrant: And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts.

Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**All: We celebrate his death and resurrection,
as we await the day of his coming.**

Celebrant: Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

All: Risen Lord, be known to us in the breaking of the Bread.

Celebrant: Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

**All:
Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,**

as we forgive those
who trespass against us.
**And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**
The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Then may be sung or said

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

All: Therefore let us keep the feast. Alleluia.

Celebrant: The Gifts of God for the People of God.
Take them in remembrance that Christ died for
you, and feed on him in your hearts by faith,
with thanksgiving.

*If you have picked up consecrated bread, please receive communion at this point
saying the following words:*

The Body of Christ, the bread of heaven

*From the English Book of Common Prayer: But if a man, either by reason of extremity
of sickness. . . or by any other just impediment, do not receive the Sacrament of Christ's
Body and Blood, the Curate shall instruct him, that if he do truly repent him of his sins,
and steadfastly believe that Jesus Christ hath suffered for his redemption, earnestly
remembering the benefits he hath thereby, and giving hearty thanks therefore, he doth
eat and drink the Body and Blood of our Saviour Christ profitably to his Soul's health,
although he do not receive the Sacrament with his mouth.*

Communion Voluntary: Prelude on *O wie selig*

Johannes Brahms

The Postcommunion Prayer (BCP p. 365)

Celebrant: Let us pray.

All:

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

The Blessing

The Celebrant Blesses the People.

The Closing Hymn: 411 O bless the Lord, my soul!

The musical score is written for a choir or congregation, featuring a treble and bass clef with a key signature of one sharp (F#). The melody is primarily in the treble clef, with a bass line providing harmonic support. The lyrics are arranged in five numbered lines, with some lines starting with a bar line. The music concludes with a double bar line and repeat dots.

1 O bless the Lord, my soul! His grace to thee pro - claim!
2 O bless the Lord, my soul! His mer - cies bear in mind!
3 He will not al - ways chide; he will with pa - tience wait;
4 He par - dons all thy sins, pro - longs thy fee - ble breath;
5 He clothes thee with his love, up - holds thee with his truth;

1 And all that is with - in me join to bless his ho - ly Name!
2 For - get not all his ben - e - fits! The Lord to thee is kind.
3 his wrath is ev - er slow to rise and rea - dy to a - bate.
4 he heal - eth thine in - fir - mi - ties and ran - soms thee from death.
5 and like the ea - gle he re - news the vi - gor of thy youth.

6 Then bless his holy Name,
whose grace hath made thee whole,
whose loving-kindness crowns thy days:
O bless the Lord, my soul!

The Dismissal

The Celebrant dismisses the congregation and everyone responds:

All: Thanks be to God. Alleluia, Alleluia.

Postlude: Voluntary on *St. Thomas*

Healey Willan