

Morning Prayer Rite II: February 21, 2021 10 AM  
The First Sunday of Lent

Hymn: 150 Forty days and forty nights

1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
2 Should not we thy sor - row share and from world - ly joys ab - stain,  
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!  
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;  
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!  
4 round us, too, shall an - gels shine, such as min - is - tered to thee.  
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Officiant: If we say we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8, 9*

Officiant: Let us confess our sins against God and one another.

**All:** **Most merciful God,**  
**we confess that we have sinned against you**  
**in thought, word, and deed,**  
**by what we have done,**  
**and by what we have left undone.**  
**We have not loved you with our whole heart;**  
**we have not loved our neighbors as ourselves.**  
**We are truly sorry and we humbly repent.**  
**For the sake of your Son Jesus Christ,**  
**have mercy on us and forgive us;**  
**that we may delight in your will,**

**and walk in your ways,  
to the glory of your Name. Amen.**

Officiant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

**The Invitatory and Psalter**

Officiant: Lord, open our lips.

**All: And our mouth shall proclaim your praise.**

**Glory to the Father, and to the Son, and to the Holy Spirit: as it was  
in the beginning, is now and will be forever. Amen.**

Officiant: The Lord is full of compassion and mercy: Come let us adore him.

**Venite** *Psalm 95:1-7*

Come, let us sing to the Lord; \*

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving \*

and raise a loud shout to him with psalms.

For the Lord is a great God, \*

and a great King above all gods.

In his hand are the caverns of the earth, \*

and the heights of the hills are his also.

The sea is his, for he made it, \*

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, \*

and kneel before the Lord our Maker.

For he is our God,

and we are the people of his pasture and the sheep of his hand. \*

Oh, that today you would hearken to his voice!

**Psalm: 25:1-9** (*Said in unison*)

**1 To you, O LORD, I lift up my soul;**

**my God, I put my trust in you; \***

**let me not be humiliated,**

**nor let my enemies triumph over me.**

**2 Let none who look to you be put to shame; \***

**let the treacherous be disappointed in their schemes.**

**3 Show me your ways, O LORD, \***

**and teach me your paths.**

- 4 Lead me in your truth and teach me, \***  
**for you are the God of my salvation;**  
**in you have I trusted all the day long.**
- 5 Remember, O LORD, your compassion and love, \***  
**for they are from everlasting.**
- 6 Remember not the sins of my youth and my transgressions; \***  
**remember me according to your love**  
**and for the sake of your goodness, O LORD.**
- 7 Gracious and upright is the LORD; \***  
**therefore he teaches sinners in his way.**
- 8 He guides the humble in doing right \***  
**and teaches his way to the lowly.**
- 9 All the paths of the LORD are love and faithfulness \***  
**to those who keep his covenant and his testimonies.**

**The First Reading: Genesis 9:8-17**

Reader: A reading from Genesis

God said to Noah and to his sons with him, “As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.” God said, “This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.” God said to Noah, “This is the sign of the covenant that I have established between me and all flesh that is on the earth.”

Reader: Hear what the Spirit is saying to God’s people

**All: Thanks be to God**

**The Canticle: 14 A Song of Penitence *Kyrie Pantokrator (sung by cantor)***

*Prayer of Manasseh 1-2, 4, 6-7, 11-15*

O Lord and Ruler of the hosts of heaven, \*  
 God of Abraham, Isaac, and Jacob,  
 and of all their righteous offspring:

You made the heavens and the earth, \*  
All things quake with fear at your presence; \*  
they tremble because of your power.  
But your merciful promise is beyond all measure; \*  
it surpasses all that our minds can fathom.  
O Lord, you are full of compassion, \*  
long-suffering, and abounding in mercy.  
You hold back your hand; \*  
you do not punish as we deserve.  
In your great goodness, Lord,  
you have promised forgiveness to sinners, \*  
that they may repent of their sin and be saved.  
And now, O Lord, I bend the knee of my heart, \*  
and make my appeal, sure of your gracious goodness.  
I have sinned, O Lord, I have sinned, \*  
and I know my wickedness only too well.  
Therefore I make this prayer to you: \*  
Forgive me, Lord, forgive me.  
Do not let me perish in my sin, \*  
nor condemn me to the depths of the earth.  
For you, O Lord, are the God of those who repent, \*  
and in me you will show forth your goodness.  
Unworthy as I am, you will save me,  
in accordance with your great mercy, \*  
and I will praise you without ceasing all the days of my life.  
For all the powers of heaven sing your praises, \*  
and yours is the glory to ages of ages. Amen.

### **The Gospel: Mark 1:9-15**

Reader: A reading from the Gospel according to Mark

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased."

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

Reader: Hear what the Spirit is saying to God's people  
All: **Thanks be to God**

**The Canticle: 16** **The Song of Zechariah** *Benedictus Dominus Deus (sung by cantor)*

*Luke 1: 68-79*

Blessed be the Lord, the God of Israel; \*  
he has come to his people and set them free.  
He has raised up for us a mighty savior, \*  
born of the house of his servant David.  
Through his holy prophets he promised of old,  
that he would save us from our enemies, \*  
from the hands of all who hate us.  
He promised to show mercy to our fathers \*  
and to remember his holy covenant.  
This was the oath he swore to our father Abraham, \*  
to set us free from the hands of our enemies,  
Free to worship him without fear, \*  
holy and righteous in his sight  
all the days of our life.  
You, my child, shall be called the prophet of the Most High, \*  
for you will go before the Lord to prepare his way,  
To give his people knowledge of salvation \*  
by the forgiveness of their sins.  
In the tender compassion of our God \*  
the dawn from on high shall break upon us,  
To shine on those who dwell in darkness and the  
shadow of death, \*  
and to guide our feet into the way of peace.  
Glory to the Father, and to the Son, and to the Holy Spirit: \*  
as it was in the beginning, is now, and will be for ever. Amen.

**The Sermon:** *The Rev. Dr. Suzannah Rohman*

**The Apostles' Creed**

All: **I believe in God, the Father almighty,  
creator of heaven and earth;  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.**

**He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins  
the resurrection of the body,  
and the life everlasting. Amen.**

### **The Prayers**

Officiant: The Lord be with you.

**All: And also with you.**

Officiant: Let us pray.

**All: Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

### **Prayers: B**

V. Save your people, Lord, and bless your inheritance;

R. Govern and uphold them, now and always.

V. Day by day we bless you;

R. We praise your name for ever.

V. Lord, keep us from all sin today;

R. Have mercy upon us, Lord, have mercy.

V. Lord, show us your love and mercy;

R. For we put our trust in you.

V. In you, Lord, is our hope;

R. And we shall never hope in vain.

### **The Collects**

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of

us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

God of the present moment, God who in Jesus stills the storm and soothes the frantic heart. Bring hope and courage to all who wait or work in uncertainty. Bring hope that you will make them the equal of whatever lies ahead. Bring them courage to endure what cannot be avoided, for your will is health and wholeness; You are God, and we need you. *Amen.* --  
*Adapted from the New Zealand Prayer Book p. 765*

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. *Amen.*

*You may offer prayers of intercession or thanksgiving silently or aloud at this time.*

**Hymn: 513 Like the murmur of the dove's song**



1 Like the mur - mur of the dove's song, like the  
2 To the mem - bers of Christ's Bo - dy, to the  
3 With the heal - ing of di - vi - sion, with the



chal - lenge of her flight, like the vig - or of the  
branch - es of the Vine, to the Church in faith as -  
cease - less voice of prayer, with the power to love and



wind's rush, like the new flame's ea - ger  
sem - bled, to her midst as gift and  
wit - ness, with the peace be - yond com -



might: come, \_\_\_\_\_ Ho - ly Spi - rit, come.  
sign: come, \_\_\_\_\_ Ho - ly Spi - rit, come.  
pare: come, \_\_\_\_\_ Ho - ly Spi - rit, come.

**A Prayer of St. Chrysostom**

**Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as**

may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

**Hymn: 143 The glory of these forty days**



1 The glo - ry of these for - ty days we  
2 A - lone and fast - ing Mo - ses saw the  
3 So Dan - iel trained his mys - tic sight, de -  
4 Then grant us, Lord, like them to be full  
\*5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all  
2 lov - ing God who gave the law; and to E - li - jah,  
3 liv - ered from the li - ons' might; and John, the Bride - groom's  
4 oft in fast and prayer with thee; our spi - rits strength - en  
5 thee be ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.  
2 fast - ing, came the steeds and char - i - ots of flame.  
3 friend, be - came the her - ald of Mes - si - ah's name.  
4 with thy grace, and give us joy to see thy face.  
5 Name a - dored, from age to age, the on - ly Lord.

Officiant: Let us bless the Lord.

All: **Thanks be to God!**

Officiant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore.  
*Amen. 2 Corinthians 13:14*